

gsc healthassist®

ZONE

Smart. Simple.

Individual Health & Dental Plans

gsc
green shield canada

Want to ZONE in on a health plan that's right for you and your family?
We've got your back.

We know you have a busy life. We also know there are lots of other things you'd likely rather do than wade through complicated insurance words and confusing health and dental plan options.

But you're reading this, so we're guessing you know that these days, with governments cutting back the health-related services they cover and day-to-day medical and dental care costs rising, having a health plan that gives you added protection against both routine and unexpected health expenses is pretty much a no-brainer.

Add on the extra medical bills you'd face if an accident or illness occurred – and how quickly they could erase your savings – and the reasons to protect yourself against expenses not covered by your provincial insurance plan are clear.

Understanding this, we're going to keep this overview simple, so you can feel confident knowing you've chosen the right health plan to protect you, your family and your finances (without giving yourself a headache or having to look things up in a dictionary).

Health Assist ZONE plans from GSC

Easy to Understand

Different plans for different needs

We have a selection of GSC Health Assist ZONE® plans, offering a wide range of prescription drug, dental, vision, extended health care and emergency medical travel coverage. Simply choose the one that best suits you, your lifestyle and your budget.

Guaranteed acceptance

Your acceptance is guaranteed* with many ZONE plans – even with pre-existing conditions. There are no medical questions or exams when you apply for ZONE plans 1, 2, 3, or the ZONE Fundamental plan. (Other ZONE plans require completion of a health questionnaire and medical underwriting.)

*Your acceptance is guaranteed upon GSC's receipt of the initial payment.

No waiting period

Many other supplemental health plans require a three or six month waiting period before you can use your benefits. With all Health Assist ZONE plans, your coverage will begin the first of the month following approval of your application. This is your effective date. You can use your ZONE benefits from that day forward.

Coverage that increases

Many ZONE benefits increase during the first years you have your plan.

Benefits for life

When your application is approved, your ZONE plan will cover you for life – no matter what your age or any future changes in your health – as long as your payments are made.

Coverage that goes where you go

Unlike group plans that are tied to employers, ZONE plans are portable. That means your coverage will go with you and is yours to keep – regardless of who you work for or whether you're self-employed, working on contract, freelancing or retired.

Legal assistance

As a GSC customer, you'll have access to a free legal advice service in Canada 24/7 via toll-free telephone to help guide you through most major types of law – including Criminal, Civil Litigation, Landlord and Tenant, Residential Real Estate, and Wills and Estates. The legal advice service can also give referrals to experienced local lawyers at preferred rates.

Health Assist ZONE plans from GSC

Easy to Use

Hassle-free claims

Most of your prescription drug, dental, extended health care and vision claims can be processed instantly using your GSC ID card – so you won't have to wait for a cheque to arrive. Other claims can be reimbursed quickly with direct deposit to your bank account.

Mobile ON THE GO info

Our fully mobile-friendly website and our free mobile app, GSC on the Go®, make sure you stay connected by giving you quick, easy access to your benefits, claims status, history, health care providers, and much more – any time, anywhere – on your desktop, laptop, tablet or smart phone.

Service that will make you smile

It just wouldn't be from GSC if it didn't come with over-the-top customer service – we've got the knowledge to answer your questions, and a personality too!

Easy to Love

Rewards for living well

Change4Life® is a free online portal, available exclusively to GSC customers, that's designed to support (and encourage!) healthy life choices by providing you with a wealth of tools, resources and health information tailored to your specific needs. To reward you for taking steps towards better health, as you use Change4Life, you'll earn points that can be used for chances to win a variety of rewards, including gift cards from major retailers.

Smart financial planning

Having a plan that protects against both routine and unforeseen health care expenses makes good financial sense – for today, tomorrow and the years to come.

Tax advantages

If you're self-employed or a small business owner, your ZONE payments may be a tax-deductible business expense, making your coverage even more economical.

Please consult your financial advisor for details.

Comprehensive coverage for you and your family.

Prescription drugs

Prescription drugs you may need, including oral contraceptives.

Dental care

Preventative and restorative dental services such as examinations, cleanings, fillings, extractions, x-rays, and more.

Vision care

Coverage for eye examinations, prescription eyeglasses, contact lenses, and laser eye surgery.

Extended health care

Coverage for extended health care, including registered specialists and therapists such as chiropractors, massage therapists, naturopaths, physiotherapists, homecare and nursing, medical services and equipment, accidental dental, ambulance transportation, and much more.

Emergency medical travel coverage

Emergency medical travel coverage that continues right along with your other health benefits, regardless of your age.

Optional hospital accommodation

Semi-private/private hospital accommodation is an optional benefit you can add to all ZONE plans to gain additional protection. Medical underwriting is required but we keep it as simple as possible. Really.

Easy to Apply

Qualifying is simple

You are eligible to apply for any ZONE plan as long as:

- You are a Canadian resident
- You have valid provincial health insurance plan coverage (Quebec residents must also have RAMQ Health Insurance and, if applying for a plan that includes prescription drug coverage, RAMQ Drug Insurance)
- You are under 80 years of age.

Best of all, with ZONE plans 1, 2, 3 and the ZONE Fundamental plan, your acceptance is guaranteed* – even with pre-existing conditions – with no medical questions or exams when you apply.

*Your acceptance is guaranteed upon GSC's receipt of the initial payment.

Other ZONE plans provide more extensive coverage and require medical underwriting, so we ask that you answer some health-related questions. But we keep it simple – it really won't take long at all.

Ready for the details?

You'll find complete benefit and coverage details, along with rates, right in this package.

GSC is a different kind of company. **We really are.**

When you become a GSC customer, you'll not only get the confidence that comes from knowing you have comprehensive coverage against routine and unforeseen health care expenses. You'll also get something else you can feel good about – the knowledge that you're part of something bigger.

As Canada's only national not-for-profit health and dental benefits specialist, GSC's mission is deeply rooted in contributing to society, charitable giving and improving access to better health for all Canadians. We do that by investing in the communities we live and work in, specifically in the provision of front line health care services and navigating the health care system.

Enhancing the common good is in our DNA.

The small print

(It's dull, but you should read it anyway.)

This is a summary and does not constitute a contract. Actual terms, conditions, limitations and exclusions are detailed in the contract issued by Green Shield Canada upon application approval.

Your effective date is the day your coverage starts, which is the first of the month following your application approval.

Your acceptance for ZONE plans 1, 2, 3 and the ZONE Fundamental plan is guaranteed upon GSC's receipt of your initial payment. Other ZONE plans require completion of a health questionnaire and medical underwriting. Your health information will be evaluated and if you have medical conditions, you may receive a counter-offer for coverage that excludes the medications that treat your pre-existing medical conditions.

Please consult your financial advisor for details about tax advantages. GSC does not offer tax advice; any information provided is not tax advice nor is it intended to be tax advice.

Protecting your privacy and the confidentiality of your information is important to us. To find out more about GSC's Privacy Policy, visit our website at www.greenshield.ca.

Plans provided by

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gsc healthassist®

ZONE

Benefit & Coverage Details

GSC Health Assist ZONE plans offer varying levels of health, dental, drug and travel coverage in a selection of bundled plans – at competitive prices.

Time to ZONE in on the plan that's right for you...

Individual Health & Dental Plans



If you do not currently have a health plan...

You know there are gaps in provincial health insurance plan coverage.

GSC Health Assist ZONE® plans provide coverage against the day-to-day, routine medical and dental expenses not covered by your provincial plan, as well emergency medical travel protection when you're away from home, plus coverage for unforeseen health expenses that may arise in the future.

This Plan Comparison presents the benefits and coverage each ZONE plan offers.

Here's a description of some of the key ZONE benefits...

PRESCRIPTION DRUGS

Prescription drug benefits cover prescription drugs approved for use in Canada that require a prescription by law and have been prescribed by an authorized medical practitioner.

Brand name drugs are covered if no generic equivalent exists.

Smoking cessation products and drugs for the treatment of obesity, infertility and erectile dysfunction are not covered.

DENTAL CARE

BASIC SERVICES:

- Preventive cleaning
- Routine examinations, x-rays
- Fillings and extractions
- Fluoride treatment for children

COMPREHENSIVE BASIC SERVICES:

- Endodontic treatment – root canal therapy
- Periodontal treatment – scaling and root planing, occlusal adjustment, equilibration
- Denture repairs, rebasing, relining

MAJOR SERVICES:

- Crowns and onlays, dentures, bridgework

ORTHODONTIC SERVICES:

- Orthodontic treatment to straighten teeth and correct the bite

EXTENDED HEALTH CARE

MEDICAL ITEMS:

- Aids for daily living (such as hospital style beds, IV stand, trapeze, bedpan)
- Braces, casts, catheters and ostomy supplies
- Compression stockings
- Diabetic supplies
- Custom made boots or shoes, custom made foot orthotics
- Mobility aids (such as canes, crutches, walkers, wheelchairs)
- Prosthetics
- Respiratory/cardiology items (such as breathing and heart monitors for infants, compressors, oxygen)

EMERGENCY MEDICAL TRAVEL COVERAGE

Multi-trip emergency medical coverage when travelling out-of-province or out-of-country

OPTIONAL HOSPITAL ACCOMMODATION

Semi-private and/or private accommodation in a public general hospital in your province/territory of residence

Benefits effective April 1, 2021	No Medical Underwriting Required — Your Acceptance is Guaranteed			
	ZONE Plan 1	ZONE Plan 2	ZONE Plan 3	ZONE Fundamental Plan
PRESCRIPTION DRUGS (benefits per person)				
Maximums	Not included	Not included	Not included	Year 1: \$550 Year 2: \$600 Year 3+: \$650 } Plan pays 70% to annual max.
DENTAL CARE (benefits per person)				
Maximums	Not included	Year 1: \$500 Year 2: \$650 Year 3+: \$800	Year 1: \$600 Year 2: \$800 Year 3+: \$1,000	\$450 per year
Recall Frequency		9 months	9 months	9 months
Basic Services		Plan pays 80%, subject to annual max.	Plan pays 80%, subject to annual max.	Plan pays 70%, subject to annual max.
Comprehensive Basic Services		Year 1: Plan pays 50% Year 2: Plan pays 70% Year 3+: Plan pays 80% subject to annual max.	Plan pays 80%, subject to annual max.	Plan pays 70%, subject to annual max.
Major Services		Not included	Available in Year 3 - Plan pays 50%, subject to annual max.	Not included
Orthodontic Services		Not included	Not included	Not included
VISION CARE (benefits per person)				
Vision Care Prescription eyeglasses, contact lenses, laser eye surgery	\$150 every 2 years	\$150 every 2 years	\$150 every 2 years	\$150 every 2 years
Eye Examination	\$65 every 2 years	\$65 every 2 years	\$65 every 2 years	\$80 every 2 years
EXTENDED HEALTH CARE (benefits per person)				
Professional Services/Registered Therapists				
Acupuncturist, Chiropractor, Chiropractor/Podiatrist, Massage Therapist, Naturopath, Osteopath, Physiotherapist	\$20 per visit to a max. of \$300 per practitioner, per year	\$20 per visit to a max. of \$300 per practitioner, per year	\$20 per visit to a max. of \$400 per practitioner, per year	\$20 per visit to a max. of \$400 per practitioner, per year
Psychologist/Registered Social Worker, Speech Therapist	\$300 per practitioner, per year	\$300 per practitioner, per year	\$400 per practitioner, per year	\$400 per practitioner, per year
MindBeacon™ [†] Online Mental Health Therapy	Personalized cognitive behavioural therapy delivered digitally (iCBT); one Standard therapy course (up to 12 weeks) per year			
Accidental Dental	\$5,000 per year	\$5,000 per year	\$5,000 per year	\$3,000 per year
Ambulance Transportation	Includes land and air			
Hearing Aids	Year 1-4: \$300 Year 5+: \$400 every 4 years	Year 1-4: \$300 Year 5+: \$400 every 4 years	Year 1-4: \$350 Year 5+: \$500 every 4 years	Year 1-4: \$350 Year 5+: \$500 every 4 years
Medical Services Diagnostic tests and x-rays, dialysis equipment, laboratory tests	\$2,000 per year			
Medical Items and Home Support Services (in home nursing) Separate maximums for Medical Items and Home Support Services	Year 1: \$1,000 Year 2: \$1,500 Year 3: \$2,000 Year 4+: \$2,500 } per benefit category, per year	Year 1: \$2,000 Year 2: \$3,000 Year 3: \$4,000 Year 4+: \$5,000 } per benefit category, per year	Year 1: \$2,000 Year 2: \$3,000 Year 3: \$4,000 Year 4+: \$5,000 } per benefit category, per year	Year 1: \$1,500 Year 2: \$2,000 Year 3: \$3,000 Year 4+: \$4,000 } per benefit category, per year
TRAVEL (benefits per person) Out of Province/Country				
Multi-Trip Emergency Medical Travel Coverage	15 days per trip; \$5,000,000 per year			
OPTIONAL HOSPITAL ACCOMMODATION (benefits per person) Optional benefit pays for the difference in cost between standard ward charges and Semi-Private and/or Private accommodation in a public general hospital in your province/territory of residence. Medical underwriting is required.				
Semi-Private and/or Private	Up to 30 days per year			

Benefits effective April 1, 2021	Medical Underwriting Required			
	ZONE Plan 4	ZONE Plan 5	ZONE Plan 6	ZONE Plan 7
PRESCRIPTION DRUGS (benefits per person)				
Maximums	Year 1-2: \$2,500 } Plan pays 80% Year 3+: \$3,500 } to annual max.	\$5,000 Plan pays 90% to annual max.	\$10,000 Plan pays 90% to annual max.	\$20,000 Plan pays 90% to annual max.
DENTAL CARE (benefits per person)				
Maximums	Not included	Year 1: \$700 Year 2: \$900 Year 3+: \$1,100	Year 1: \$800 Year 2: \$1,000 Year 3+: \$1,300	Year 1: \$1,000 Year 2: \$1,200 Year 3+: \$1,500
Recall Frequency		9 months	6 months	6 months
Basic Services		Plan pays 80%, subject to annual max.	Plan pays 80%, subject to annual max.	
Comprehensive Basic Services		Year 1: Plan pays 60% Year 2: Plan pays 70% Year 3+: Plan pays 80% subject to annual max.	Plan pays 80%, subject to annual max.	Year 1: Plan pays 80%, subject to annual max. Year 2+: Plan pays 90%, subject to annual max.
Major Services		Available in Year 3 - Plan pays 50%, subject to annual max.	Available in Year 3 - Plan pays 50%, subject to annual max.	Available in Year 3 - Plan pays 50%, subject to annual max.
Orthodontic Services		Not included	Available in Year 3 - Plan pays 50% subject to Year 3+ annual max. and \$2,000 lifetime max.	Available in Year 3 - Plan pays 50% subject to Year 3+ annual max. and \$2,000 lifetime max.
VISION CARE (benefits per person)				
Vision Care Prescription eyeglasses, contact lenses, laser eye surgery	\$150 every 2 years	Year 1-2: \$150 Year 3-4: \$200 Year 5+: \$250 every 2 years	Year 1-2: \$200 Year 3-4: \$250 Year 5+: \$300 every 2 years	Year 1-2: \$250 Year 3-4: \$300 Year 5+: \$350 every 2 years
Eye Examination	\$80 every 2 years	\$100 every 2 years	\$100 every 2 years	\$120 every 2 years
EXTENDED HEALTH CARE (benefits per person)				
Professional Services/Registered Therapists				
Acupuncturist, Chiropractor, Chiropract/Podiatrist, Massage Therapist, Naturopath, Osteopath, Physiotherapist	\$20 per visit to a max. of \$400 per practitioner, per year	\$25 per visit to a max. of \$500 per practitioner, per year	\$25 per visit to a max. of \$600 per practitioner, per year	\$50 per visit to a max. of \$750 per practitioner; \$2,000 combined per year
Psychologist/Registered Social Worker, Speech Therapist	\$400 per practitioner, per year	\$500 per practitioner, per year	\$600 per practitioner, per year	\$750 per practitioner, per year
MindBeacon™+ Online Mental Health Therapy	Personalized cognitive behavioural therapy delivered digitally (iCBT); one Standard therapy course (up to 12 weeks) per year			
Accidental Dental	\$5,000 per year	\$10,000 per year	\$10,000 per year	\$15,000 per year
Ambulance Transportation	Includes land and air			
Hearing Aids	Year 1-4: \$350 Year 5+: \$500 every 4 years	\$500 every 4 years	\$500 every 4 years	\$600 every 4 years
Medical Services Diagnostic tests and x-rays, dialysis equipment, laboratory tests	\$2,000 per year	\$2,000 per year	\$2,000 per year	\$2,500 per year
Medical Items and Home Support Services (in home nursing) Separate maximums for Medical Items and Home Support Services	Year 1: \$2,000 } per benefit Year 2: \$3,000 } category, Year 3: \$4,000 } per year Year 4+: \$5,000 }	Year 1: \$2,000 } per benefit Year 2: \$4,000 } category, Year 3+: \$6,000 } per year	Year 1: \$2,000 } per benefit Year 2: \$4,000 } category, Year 3+: \$6,000 } per year	Year 1: \$3,000 } per benefit Year 2: \$5,000 } category, Year 3+: \$8,000 } per year
TRAVEL (benefits per person) Out of Province/Country				
Multi-Trip Emergency Medical Travel Coverage	15 days per trip; \$5,000,000 per year	30 days per trip; \$5,000,000 per year	30 days per trip; \$5,000,000 per year	30 days per trip; \$5,000,000 per year
OPTIONAL HOSPITAL ACCOMMODATION (benefits per person) Optional benefit pays for the difference in cost between standard ward charges and Semi-Private and/or Private accommodation in a public general hospital in your province/territory of residence. Medical underwriting is required.				
Semi-Private and/or Private	Up to 30 days per year			

Additional information

This Plan Comparison is a summary and does not constitute a contract. Actual terms, conditions, limitations and exclusions are detailed in the contract issued by GSC upon application approval.

Reimbursement will be made for eligible expenses incurred, paid for and received by the covered person provided such services and supplies are, in the opinion of GSC, medically necessary for the treatment of an illness or injury and reasonable and customary, taking all factors into account.

Quebec residents: To be eligible for ZONE prescription drug coverage, you must be covered by the RAMQ prescription drug plan. Your prescription drug claims must be submitted to RAMQ first. When RAMQ reimburses a portion of the drug cost, the unpaid balance (including co-payment and deductible) will be co-ordinated so that you may be reimbursed up to 100% of the eligible expense incurred. If the drug is not covered by RAMQ, the standard co-pay applies.

Coverage amounts shown are in Canadian Dollars.

Rates and/or benefits are subject to change; GSC will provide plan members with thirty (30) days written notice.

Plans provided by

Green Shield Canada (GSC).

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gsc healthassist®

ZONE

Rates

GSC Health Assist ZONE plans offer varying levels of health, dental, drug and travel coverage in a selection of bundled plans – at competitive prices.

Time to ZONE in on the plan that's right for you...

Individual Health & Dental Plans



ZONE plans equal valuable coverage at competitive prices

GSC Health Assist ZONE® plans are designed to cover the gaps in your provincial health insurance plan. And provincial plans differ a little from province to province.

That's why ZONE rates vary a bit depending on where you live.

There are three ZONE rate categories.

And so there's no mystery – here are the definitions...

Single: applies to the applicant only.

Couple: applies to the applicant and spouse/partner

OR the applicant and one dependent child under age 21.

Family: applies to the applicant and spouse/partner and dependent children under age 21.

Some additional details to note...

Rates are effective April 1, 2021.

Rates and/or benefits are subject to change; GSC will provide plan members with thirty (30) days written notice.

Rates are based on age of the primary applicant at the time of application.

Rates will increase as an individual's age increases in accordance with published age bands.

Effective April 1, 2021

Monthly Rates
for Residents of:

British Columbia	ZONE Plan 1				ZONE Plan 2			ZONE Plan 3			ZONE Fundamental Plan			Optional Hospital Accommodation – can be added to any ZONE plan		
	AGE	Single	Couple	Family	Single	Couple	Family	Single	Couple	Family	Single	Couple	Family			
	18 - 44	\$27	\$50	\$64	\$79	\$149	\$195	\$86	\$162	\$211	\$88	\$156	\$228			
	45 - 54	\$28	\$52	\$68	\$80	\$153	\$199	\$87	\$164	\$214	\$105	\$187	\$268			
	55 - 59	\$30	\$56	\$70	\$83	\$156	\$203	\$88	\$166	\$217	\$110	\$197	\$285			
	60 - 64	\$31	\$59	\$76	\$85	\$157	\$204	\$89	\$168	\$219	\$116	\$214	\$303			
	65+	\$37	\$73	\$91	\$91	\$171	\$221	\$97	\$183	\$234	\$112	\$203	\$290			
	ZONE Plan 4				ZONE Plan 5			ZONE Plan 6			ZONE Plan 7					
	AGE	Single	Couple	Family	Single	Couple	Family	Single	Couple	Family	Single	Couple	Family	Single	Couple	Family
	18 - 44	\$54	\$101	\$129	\$112	\$213	\$276	\$127	\$239	\$311	\$163	\$310	\$414	\$5	\$8	\$11
45 - 54	\$60	\$111	\$147	\$117	\$223	\$288	\$132	\$251	\$326	\$170	\$328	\$442	\$6	\$13	\$16	
55 - 59	\$66	\$123	\$162	\$125	\$236	\$307	\$141	\$268	\$349	\$182	\$347	\$454	\$7	\$14	\$20	
60 - 64	\$74	\$142	\$184	\$132	\$253	\$326	\$150	\$284	\$371	\$195	\$373	\$487	\$13	\$22	\$28	
65+	\$67	\$129	\$165	\$131	\$250	\$321	\$148	\$280	\$361	\$191	\$368	\$473	\$19	\$32	\$39	
Alberta	ZONE Plan 1				ZONE Plan 2			ZONE Plan 3			ZONE Fundamental Plan			Optional Hospital Accommodation – can be added to any ZONE plan		
	AGE	Single	Couple	Family	Single	Couple	Family	Single	Couple	Family	Single	Couple	Family			
	18 - 44	\$31	\$57	\$73	\$77	\$142	\$184	\$88	\$165	\$214	\$98	\$168	\$247			
	45 - 54	\$33	\$60	\$76	\$79	\$145	\$189	\$90	\$169	\$219	\$113	\$206	\$293			
	55 - 59	\$34	\$63	\$79	\$80	\$149	\$193	\$91	\$171	\$222	\$119	\$216	\$309			
	60 - 64	\$35	\$66	\$82	\$81	\$152	\$196	\$92	\$174	\$226	\$125	\$228	\$324			
	65+	\$43	\$78	\$100	\$88	\$167	\$212	\$99	\$189	\$241	\$115	\$206	\$284			
	ZONE Plan 4				ZONE Plan 5			ZONE Plan 6			ZONE Plan 7					
	AGE	Single	Couple	Family	Single	Couple	Family	Single	Couple	Family	Single	Couple	Family	Single	Couple	Family
	18 - 44	\$59	\$108	\$142	\$118	\$224	\$289	\$136	\$259	\$337	\$174	\$335	\$449	\$6	\$11	\$13
45 - 54	\$65	\$121	\$156	\$125	\$236	\$307	\$144	\$272	\$355	\$184	\$356	\$481	\$7	\$15	\$19	
55 - 59	\$74	\$139	\$179	\$133	\$254	\$328	\$155	\$292	\$382	\$201	\$378	\$497	\$10	\$19	\$23	
60 - 64	\$83	\$156	\$203	\$143	\$270	\$353	\$164	\$312	\$408	\$213	\$409	\$535	\$16	\$27	\$36	
65+	\$75	\$141	\$182	\$136	\$266	\$341	\$159	\$305	\$393	\$207	\$403	\$516	\$21	\$38	\$48	
Saskatchewan, Manitoba, Northwest Territories, Yukon and Nunavut	ZONE Plan 1				ZONE Plan 2			ZONE Plan 3			ZONE Fundamental Plan			Optional Hospital Accommodation – can be added to any ZONE plan		
	AGE	Single	Couple	Family	Single	Couple	Family	Single	Couple	Family	Single	Couple	Family			
	18 - 44	\$26	\$49	\$61	\$59	\$108	\$140	\$66	\$125	\$162	\$89	\$147	\$234			
	45 - 54	\$27	\$50	\$63	\$60	\$111	\$142	\$67	\$128	\$165	\$99	\$179	\$254			
	55 - 59	\$28	\$53	\$67	\$61	\$112	\$148	\$69	\$130	\$169	\$104	\$187	\$270			
	60 - 64	\$29	\$56	\$69	\$62	\$114	\$150	\$70	\$132	\$171	\$113	\$200	\$284			
	65+	\$34	\$66	\$83	\$68	\$129	\$166	\$76	\$148	\$186	\$125	\$219	\$302			
	ZONE Plan 4				ZONE Plan 5			ZONE Plan 6			ZONE Plan 7					
	AGE	Single	Couple	Family	Single	Couple	Family	Single	Couple	Family	Single	Couple	Family	Single	Couple	Family
	18 - 44	\$54	\$102	\$131	\$95	\$180	\$233	\$109	\$209	\$271	\$140	\$270	\$361	\$5	\$8	\$11
45 - 54	\$60	\$113	\$148	\$100	\$191	\$248	\$115	\$221	\$289	\$148	\$289	\$392	\$6	\$13	\$16	
55 - 59	\$67	\$128	\$164	\$107	\$207	\$266	\$125	\$239	\$310	\$162	\$310	\$403	\$7	\$14	\$19	
60 - 64	\$78	\$144	\$190	\$115	\$223	\$289	\$133	\$256	\$334	\$173	\$335	\$439	\$13	\$22	\$28	
65+	\$71	\$135	\$174	\$113	\$218	\$279	\$130	\$246	\$320	\$170	\$325	\$420	\$18	\$31	\$39	

Effective April 1, 2021

Monthly Rates
for Residents of:

Ontario	AGE	ZONE Plan 1			ZONE Plan 2			ZONE Plan 3			ZONE Fundamental Plan			Optional Hospital Accommodation – can be added to any ZONE plan		
		Single	Couple	Family	Single	Couple	Family	Single	Couple	Family	Single	Couple	Family			
	18 - 44	\$32	\$61	\$78	\$78	\$147	\$191	\$89	\$169	\$219	\$105	\$187	\$267			
	45 - 54	\$34	\$64	\$81	\$79	\$151	\$195	\$91	\$172	\$223	\$124	\$227	\$322			
	55 - 59	\$35	\$67	\$85	\$82	\$154	\$200	\$92	\$175	\$228	\$137	\$242	\$348			
	60 - 64	\$37	\$69	\$88	\$83	\$156	\$203	\$94	\$178	\$232	\$140	\$253	\$359			
	65+	\$43	\$82	\$103	\$90	\$173	\$219	\$102	\$193	\$247	\$123	\$223	\$320			
	AGE	ZONE Plan 4			ZONE Plan 5			ZONE Plan 6			ZONE Plan 7			Single	Couple	Family
	18 - 44	\$67	\$129	\$166	\$127	\$238	\$311	\$144	\$273	\$356	\$184	\$354	\$473	\$6	\$12	\$17
	45 - 54	\$75	\$143	\$185	\$133	\$253	\$329	\$153	\$288	\$376	\$197	\$377	\$510	\$9	\$17	\$23
	55 - 59	\$86	\$164	\$212	\$144	\$272	\$355	\$163	\$312	\$408	\$211	\$404	\$530	\$12	\$21	\$26
	60 - 64	\$97	\$184	\$243	\$154	\$293	\$383	\$176	\$334	\$436	\$229	\$438	\$573	\$18	\$31	\$41
	65+	\$87	\$167	\$214	\$147	\$282	\$362	\$168	\$319	\$413	\$219	\$421	\$541	\$24	\$43	\$56
Quebec	AGE	ZONE Plan 1			ZONE Plan 2			ZONE Plan 3			ZONE Fundamental Plan			Optional Hospital Accommodation – can be added to any ZONE plan		
		Single	Couple	Family	Single	Couple	Family	Single	Couple	Family	Single	Couple	Family			
	18 - 44	\$41	\$74	\$94	\$96	\$180	\$235	\$110	\$211	\$275	\$90	\$155	\$243			
	45 - 54	\$43	\$78	\$101	\$100	\$184	\$241	\$112	\$215	\$281	\$116	\$200	\$288			
	55 - 59	\$45	\$84	\$107	\$102	\$189	\$245	\$114	\$219	\$285	\$128	\$219	\$306			
	60 - 64	\$46	\$89	\$113	\$103	\$193	\$250	\$115	\$221	\$287	\$135	\$238	\$325			
	65+	\$55	\$102	\$129	\$110	\$211	\$269	\$124	\$236	\$306	\$145	\$256	\$344			
	AGE	ZONE Plan 4			ZONE Plan 5			ZONE Plan 6			ZONE Plan 7			Single	Couple	Family
	18 - 44	\$59	\$111	\$146	\$127	\$239	\$310	\$147	\$278	\$363	\$189	\$360	\$482	\$6	\$12	\$17
	45 - 54	\$64	\$122	\$159	\$132	\$248	\$324	\$153	\$291	\$381	\$197	\$381	\$517	\$8	\$17	\$22
	55 - 59	\$72	\$138	\$178	\$139	\$263	\$341	\$161	\$307	\$401	\$208	\$398	\$521	\$13	\$21	\$27
	60 - 64	\$79	\$153	\$197	\$147	\$278	\$362	\$171	\$324	\$424	\$222	\$425	\$557	\$18	\$32	\$41
	65+	\$77	\$146	\$189	\$148	\$282	\$362	\$170	\$326	\$424	\$222	\$428	\$555	\$24	\$44	\$57
New Brunswick, Nova Scotia, Prince Edward Island, Newfoundland and Labrador	AGE	ZONE Plan 1			ZONE Plan 2			ZONE Plan 3			ZONE Fundamental Plan			Optional Hospital Accommodation – can be added to any ZONE plan		
		Single	Couple	Family	Single	Couple	Family	Single	Couple	Family	Single	Couple	Family			
	18 - 44	\$31	\$58	\$75	\$65	\$122	\$159	\$72	\$136	\$177	\$91	\$156	\$257			
	45 - 54	\$33	\$62	\$78	\$67	\$124	\$162	\$73	\$139	\$179	\$108	\$198	\$279			
	55 - 59	\$34	\$66	\$84	\$68	\$127	\$166	\$75	\$144	\$185	\$116	\$216	\$304			
	60 - 64	\$38	\$70	\$89	\$70	\$130	\$169	\$77	\$145	\$189	\$126	\$232	\$328			
	65+	\$43	\$82	\$104	\$76	\$146	\$187	\$84	\$161	\$207	\$119	\$205	\$305			
	AGE	ZONE Plan 4			ZONE Plan 5			ZONE Plan 6			ZONE Plan 7			Single	Couple	Family
	18 - 44	\$67	\$126	\$165	\$108	\$208	\$271	\$127	\$239	\$311	\$163	\$310	\$414	\$6	\$12	\$15
	45 - 54	\$73	\$142	\$182	\$115	\$221	\$287	\$135	\$256	\$332	\$173	\$334	\$451	\$8	\$15	\$19
	55 - 59	\$86	\$161	\$210	\$127	\$241	\$313	\$146	\$276	\$361	\$189	\$358	\$469	\$12	\$18	\$23
	60 - 64	\$96	\$182	\$238	\$138	\$261	\$342	\$158	\$301	\$393	\$206	\$394	\$517	\$15	\$26	\$36
	65+	\$85	\$165	\$211	\$133	\$250	\$321	\$150	\$287	\$370	\$196	\$379	\$485	\$21	\$38	\$48

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